

MAY

2024

MACULA MONTH * NEUROFIBROMATOSIS AWARENESS MONTH
CROHN'S AND COLITIS AWARENESS MONTH * EHLERS-DANLOS AWARENESS MONTH
THYROID AWARENESS MONTH * SUPERMARKET FREE MONTH * MINDFUL IN MAY
DOMESTIC & FAMILY VIOLENCE PREVENTION MONTH * MIRACLE MONTH OF MAY

01	W BELTANE * WORLD MATERNAL MENTAL HEALTH DAY
02	T WORLD TUNA DAY
03	F WORLD PRESS FREEDOM DAY * WILD KOALA DAY
04	S FREE COMIC BOOK DAY * STAR WARS DAY
05	S EASTER SUNDAY [ORTH] * INT. DAY OF THE MIDWIFE * INT. FAMILY PRIDE DAY * WORLD LAUGHTER DAY * INT. COMPOST AWARENESS WEEK (5-11) * ROAD SAFETY WEEK (5-12)
06	M INT. NO DIET DAY * HEART WEEK (6-12)
07	T WORLD ASTHMA DAY
08	W WORLD RED CROSS DAY * INT. THALASSAEMIA DAY * WORLD OVARIAN CANCER DAY
10	F WORLD LUPUS DAY
11	S HAIRY NOSED DAY * WORLD FAIR TRADE DAY * WORLD MIGRATORY BIRD DAY
12	S MOTHER'S DAY * INT. NURSES DAY * INT. AWARENESS DAY FOR CHRONIC IMMUNOLOGICAL & NEUROLOGICAL DISEASES * INT. ME/CFS AWARENESS DAY * INT. DAY OF PLANT HEALTH
13	M FOOD ALLERGY WEEK (13-19) * WORLD COCKTAIL DAY
15	W INT. DAY OF FAMILIES * TUBEROUS SCLEROSIS COMPLEX GLOBAL AWARENESS DAY
16	T INT. DAY OF LIVING TOGETHER IN PEACE * INT. DAY OF LIGHT * COELIAC AWARENESS DAY
17	F INT. DAY AGAINST HOMOPHOBIA, BIPHOBIA & TRANSPHOBIA * WORLD HYPERTENSION DAY * WORLD TELECOMMUNICATION & INFORMATION SOCIETY DAY * WALK SAFELY TO SCHOOL DAY
18	S INT. MUSEUM DAY * INT. ASTRONOMY DAY * WORLD WHISKEY DAY
19	S WORLD IBD DAY * ENDANGERED SPECIES DAY * PALLIATIVE CARE WEEK (19-25)
20	M VOLUNTEER WEEK (20-28) * WORLD BEE DAY * KIDNEY HEALTH WEEK (20-26) * EXERCISE RIGHT WEEK (20-26) * NATIONAL LAW WEEK (20-26)
21	T INT. TEA DAY * WORLD DAY FOR CULTURAL DIVERSITY FOR DIALOGUE/DEV. * WORLD MEDITATION DAY
22	W BITCOIN PIZZA DAY * INT. DAY FOR BIOLOGICAL DIVERSITY * NATIONAL SIMULTANEOUS STORYTIME
23	T WORLD INFANT, CHILD & ADOLESCENT MENTAL HEALTH DAY * BIGGEST MORNING TEA
24	F WORLD SCHIZOPHRENIA DAY * DON'T FRY DAY *
25	S WORLD THYROID DAY * INT. MISSING CHILDREN'S DAY * SPINAL HEALTH WEEK (25-31)
26	S FOOD ALLERGY WEEK (26-1 JUNE) * NATIONAL SORRY DAY * RSPCA MILLION PAWS WALK
27	M PWS AWARENESS DAY * NATIONAL RECONCILIATION WEEK (27-3 JUNE)
28	T INT. BURGER DAY * AMNESTY INT. DAY
30	T WORLD MS DAY
31	F WORLD NO TOBACCO DAY * TRACKY DACK DAY * LAST DAY OF AUTUMN